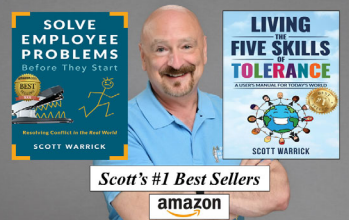


**HEALING THE HUMAN BRAIN:  
INTOLERANCE &  
MENTAL DISORDERS**

*Scott Warrick, JD, MLHR, CEQC, SHRM-SCP*  
[www.scottwarrick.com](http://www.scottwarrick.com)

1



**FREE Lunch & Learn Videos Are Posted!**

[\(https://scottwarrick.com/living-the-five-skills-of-tolerance/\)](https://scottwarrick.com/living-the-five-skills-of-tolerance/)

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Scott's #1 Best Sellers  
amazon

2

**Is This The Norm?**



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3

**What Are Our Workplaces Like?**

2007 Gallup Poll:  
77% Of All Americans  
**HATE**  
Their Jobs

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4

**What Are Our Workplaces Like?**

Staff Squared  
reports that  
85% of employees  
**HATE** their jobs

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5

**What Are Our Workplaces Like?**

New York Daily News:  
70% of American workers  
are **MISERABLE** at work

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6

**What Are Our Workplaces Like?**

2018 Gallup Poll:  
Only About 34% Of All Americans Are  
**ENGAGED**

2018 Gallup Poll:  
13% Are Actively  
**DISENGAGED**

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7

**What Are Our Workplaces Like?**

75% of Employees Have Been  
Bullied or Witnessed Bullying At Work.

HRExecutivecom, December 29, 2021


“Workplace bullying remains a wildly out of control  
epidemic in the United States.”

~ Workplace Bullying Institute co-founder, Gary Namie, Ph.D.

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**Why Do So Many Americans  
HATE Their Jobs?**



**#1 Reason:  
BULLIES**

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**Why Do So Many Americans  
HATE Their Jobs?**



**Are You Making It SAFE?**

**#1 Reason:  
BULLIES**

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**TRUST:**  
Is  
It  
**SAFE?**

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**Diagnostic Diamond**



**EPR**  
Empathic Listening,  
Parrotting &  
“Rewards”

**Trust**  
Is it Safe?

**Emotional Intelligence**  
Tolerance  
No Retreating  
or Attacking  
Intervention

**Team**  
Everyone is  
focused on the  
same goals.


**“Hit King”  
Failed 70%  
of the time**

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**EMOTIONAL INTELLIGENCE**

*Can You Control Your EGO & EMOTIONS?*




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13

**EMOTIONAL INTELLIGENCE**

*Self-Control*


*Build Relationships*



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14

*An EMOTIONAL CHILD IS INTOLERANT*



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15

*What Is TOLERANCE?*

**NOT**

*Persecuting Those Who Are Different!*



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16



**TOLERANCE IS NOW A LEGAL TERM**

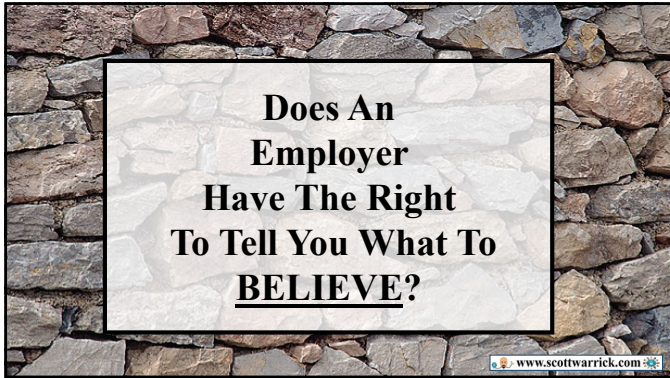
www.scottwarrick.com

17

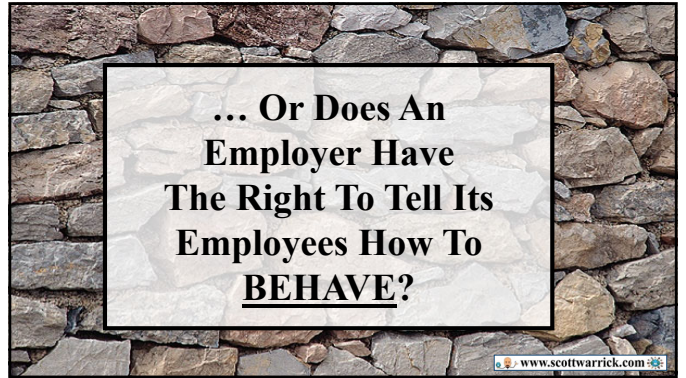
**TOLERANCE... IS NOT ACCEPTANCE**

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18



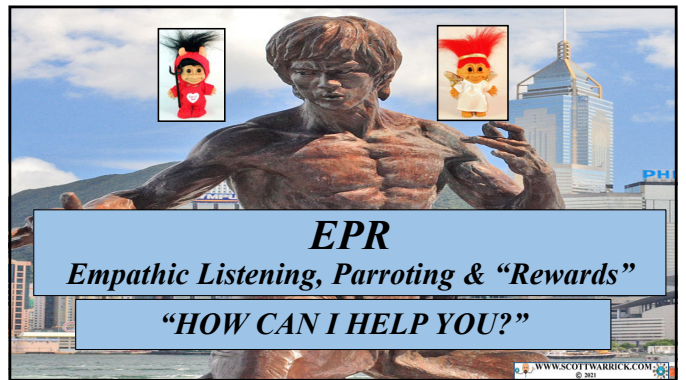
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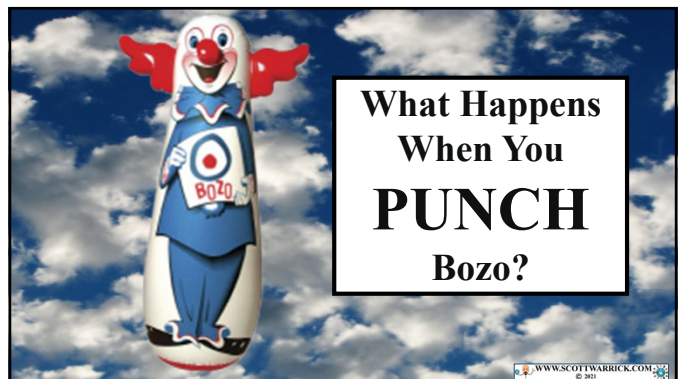
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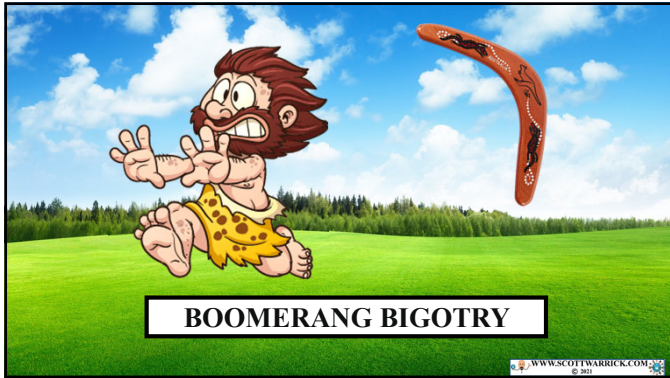
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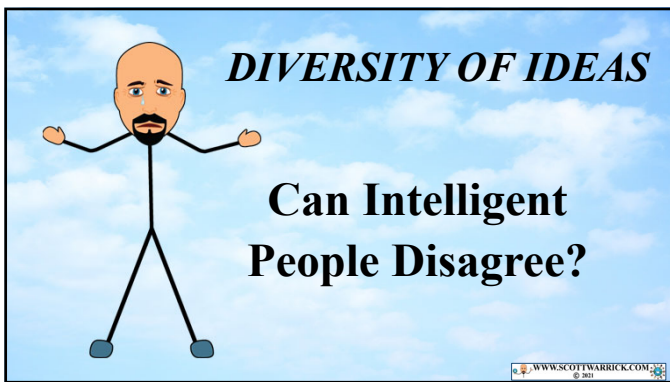
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25



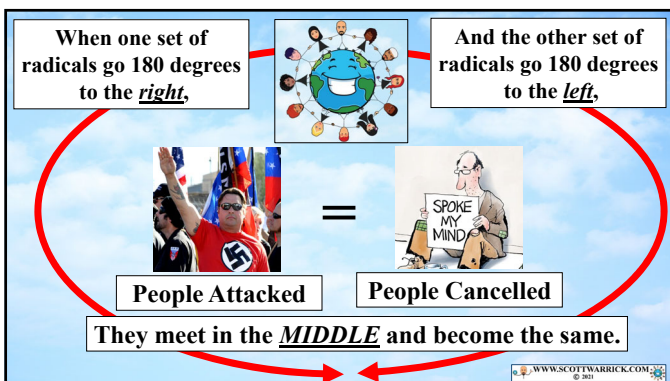
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27



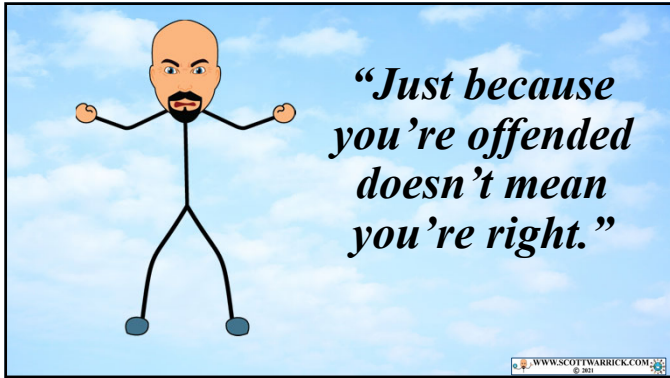
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29



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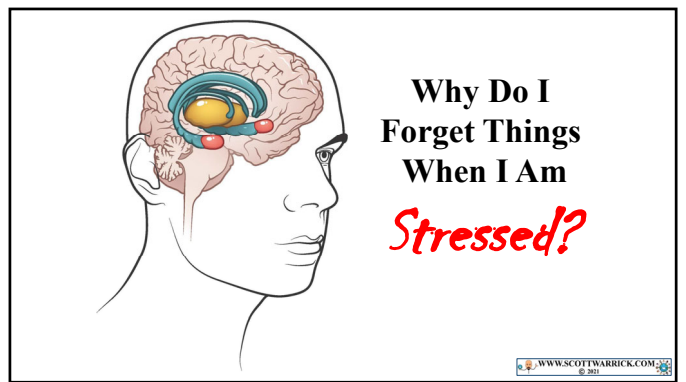
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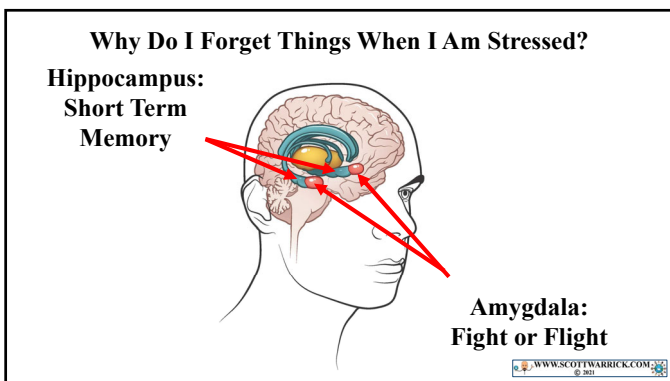
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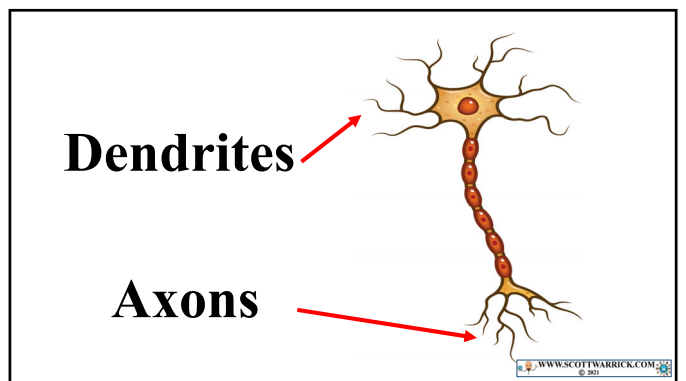
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# SOCIAL EPIGENETICS

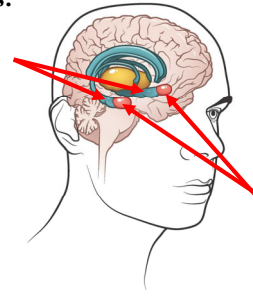


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## Why Do I Forget Things When I Am Stressed?

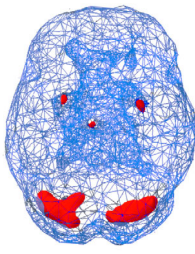
Hippocampus:  
Short Term  
Memory



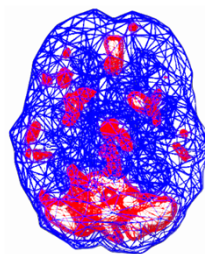
Amygdala:  
Fight or Flight

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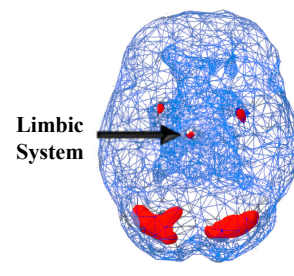
“Normal”  
Healthy Brain



Brain With Depression, OCD,  
& Panic Attacks = PTSD

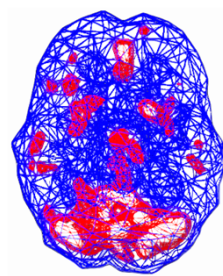
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Limbic System

“Normal”  
Healthy Brain

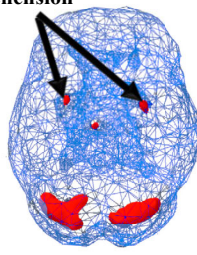


Brain With Depression, OCD,  
& Panic Attacks = PTSD

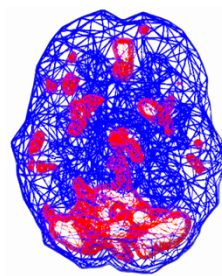
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Apprehension



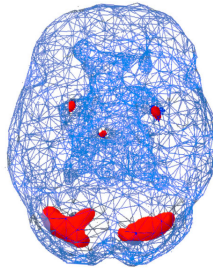
“Normal”  
Healthy Brain



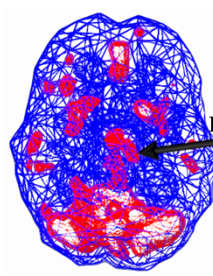
Brain With Depression, OCD,  
& Panic Attacks = PTSD

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“Normal”  
Healthy Brain

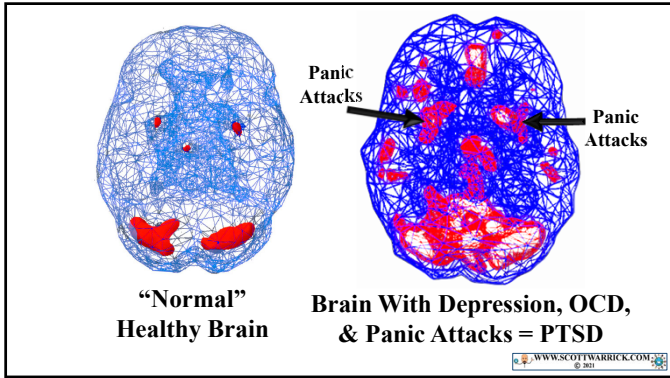


Depression

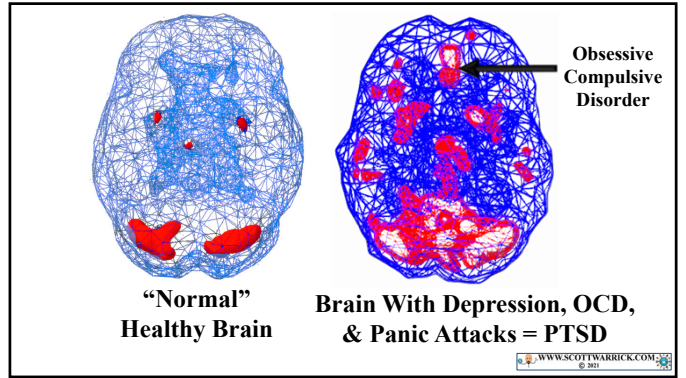
Brain With Depression, OCD,  
& Panic Attacks = PTSD

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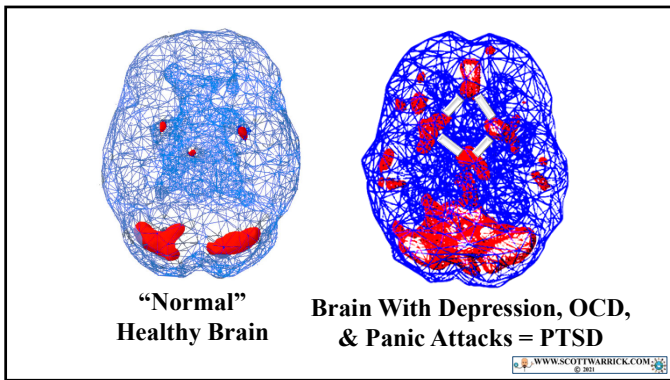
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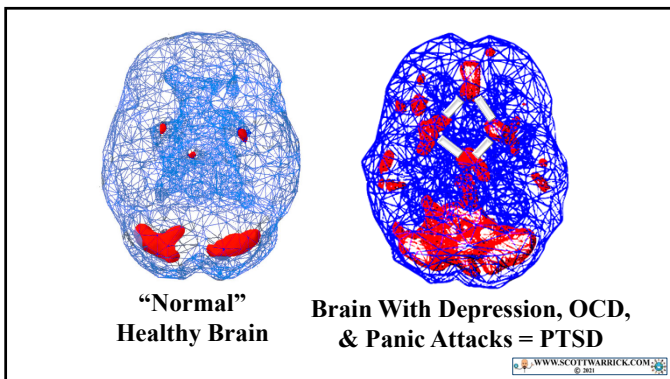
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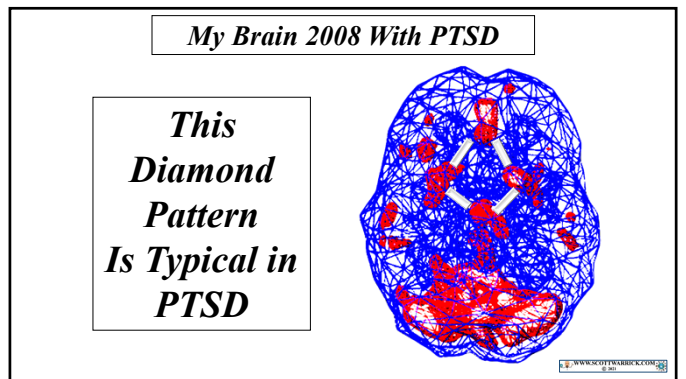
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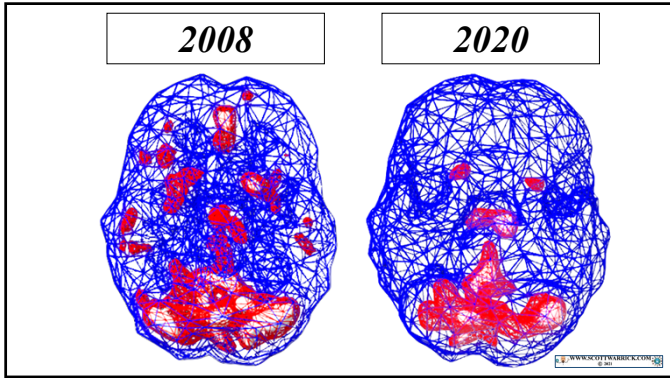


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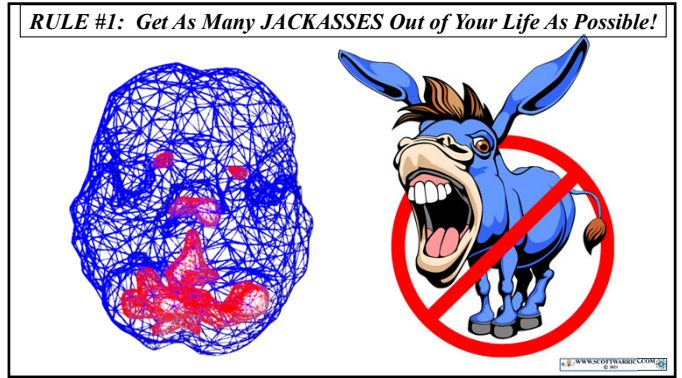


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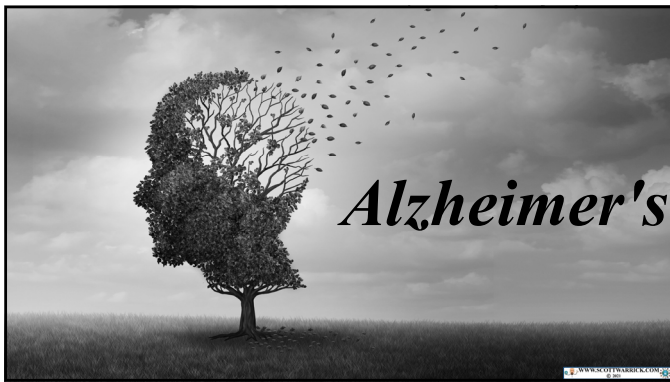




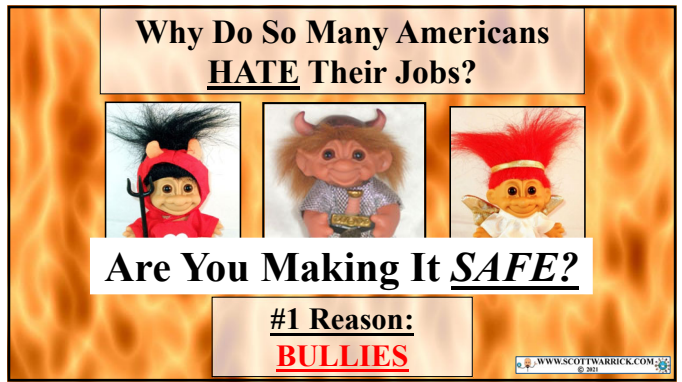
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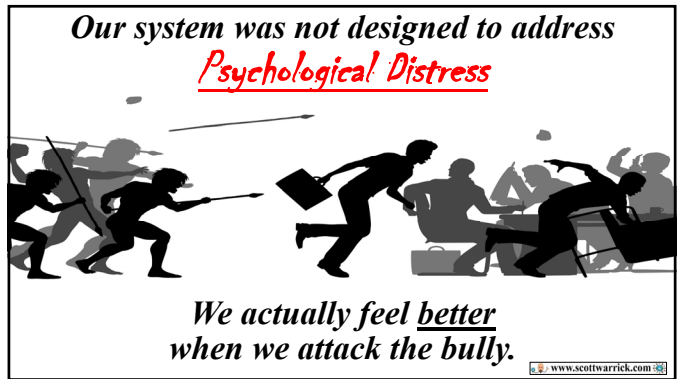
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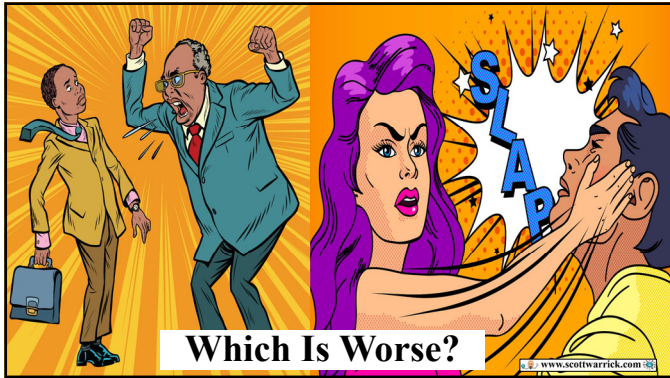
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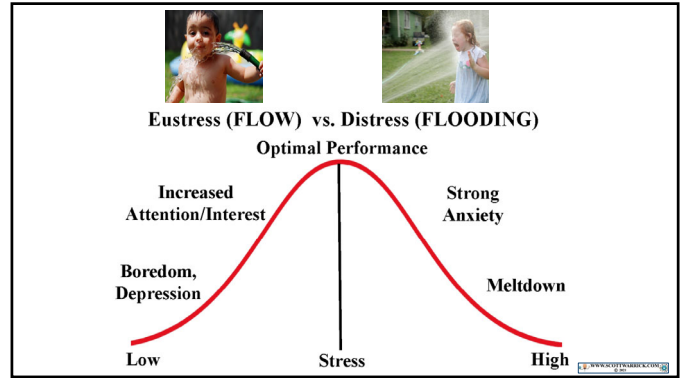
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**Distress Chemicals**

Flooding of ...

**Adrenaline & Cortisol**

57

**Eustress Chemicals**

Oxytocin

Dopamine

Serotonin

Endorphins

Telomerase

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AMERICAN PSYCHOLOGICAL ASSOCIATION

*Has Tracked The Greatest Sources of Stress Since 2008:*

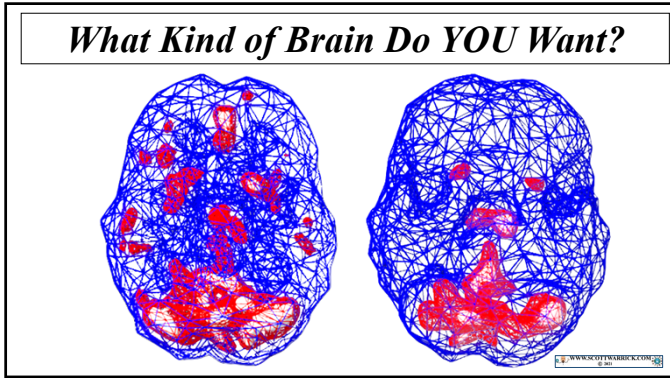
**Work or Finances**

59

AMERICAN PSYCHOLOGICAL ASSOCIATION

In 2020, the APA sounded the alarm:  
**“We are facing a national mental health crisis that could yield serious health and social consequences for years to come.”**

60



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**FREE Lunch & Learn Videos Are Posted!**

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[www.ScottWarrick.com](http://www.ScottWarrick.com)

Scott's #1 Best Sellers  
amazon

The advertisement features two book covers: 'Solve Employee Problems Before They Start' and 'Living the Five Skills of Tolerance'. A photo of Scott Warrick is in the center. The background is a blue sky with clouds.

62

**HRCI Program ID: 601768**

**HEALING THE HUMAN BRAIN:  
INTOLERANCE & MENTAL DISORDERS**

Start Date: 8/4/2022  
End Date: 12/31/2022

**1 Recertification Credit Hours: General**

The logo is circular with a purple border. Inside, there's a stylized 'h' in red and blue. The text around the circle reads 'HRCI CERTIFICATION INSTITUTE APPROVED PROVIDER'.

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**SHRM Program ID: 22-WVUJ7**

**HEALING THE HUMAN BRAIN:  
INTOLERANCE & MENTAL DISORDERS**

Start Date: 8/4/2022  
End Date: 12/31/2022

**1 Recertification Credit Hours**

The logo features the text 'SHRM' above 'SHRM-CP | SHRM-SCP' and 'RECERTIFICATION PROVIDER' in a large, bold font. A blue bracket-like shape is below the text.

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For more information and further assistance, please contact ...  
Scott Warrick's Human Resource Consulting & Employment Law Services  
(www.scottwarrick.com)  
&  
Scott Warrick's Employment Law Services.  
scott@scottwarrick.com

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