

DACHAU: A FIRST HAND PERSPECTIVE TO BUILD EMPATHY AND TOLERANCE

Part 6: CLOSING THOUGHTS ON EMPATHY

Welcome back.

Did you wonder while you were watching the video, “How could the Nazis do this? I mean, how could anyone do this to another human being?”

Well, the Nazis actually felt perfectly justified in what they were doing because everything the Nazis were doing was based on “science,” the pseudo-science of “Eugenics.”

Now, the theory of Eugenics was developed in the 1800s by Sir Francis Galton, who was a cousin of Charles Darwin. Eugenics says “some people haven’t evolved as much as other people.” So, in order to protect “our human race,” we need to engage in “Social Engineering.” Now, “Social Engineering” is a nice way of saying segregation laws, marriage bans, sterilization, euthanasia and, of course, genocide.

In the end, it is all just another way for us to objectify other people and rationalize away our own bigotry and intolerance.

All of this happens when you don’t have the skill of “empathy” and we become Emotional Children so our emotions and our ego takes over and it becomes all about us:

“We’re much more important than all those people over there.”

That’s when we begin to objectify people and our bigotry takes over and we say things like:

“All those managers are stupid” ... “All those employees are lazy.”

“All those teachers are stupid” ... “All those students are lazy.”

What do you mean, “All those people?”

If you don’t have the ability to look at things from somebody else’s perspective, then you don’t have empathy, and that allows our objectification and our bigotry to take over ... and that’s a real problem.

I hope you enjoyed the video. But more than that, I hope that it put you in the shoes of someone else to help develop your sense of “empathy” to help you become a much more Emotionally Intelligent person.

