

MAINE

Where to report harassment in Maine?

In Maine, if you've experienced workplace harassment, there are several steps you can take to address the issue:

1. **Inform Your Employer:** Start by informing your employer about the harassment you're facing. This step is crucial because your employer should have an opportunity to address the situation internally.
2. **File a Harassment Complaint with the Maine Human Rights Commission.**

Intake hours: Monday - Friday from noon to 4:00 PM

PHONE

207.624.6290 | Fax: 207.624.8729 TTY: Maine Relay 711

MAILING ADDRESS

#51 State House Station | Augusta, ME 04333

PHYSICAL LOCATION:

19 Union Street | Augusta, ME 04330

info@mhrc.maine.gov

3. **File a Harassment Complaint with the Equal Employment Opportunity Commission (EEOC)**

General information about the laws EEOC enforces and filing a charge: 1-800-669-4000, 1-800-669-6820 (TTY for Deaf/Hard of Hearing callers only), 1-844-234-5122 (ASL Video Phone for Deaf/Hard of Hearing callers only), or info@eeoc.gov.