



**THE ROOT OF THE PROBLEM:**

**Overcoming The Mighty Subconscious**

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<https://www.fairforall.org/ohio/>



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**UPCOMING PODCAST SCHEDULE**



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**DEHUMANIZATION**

*The Key To Evil*

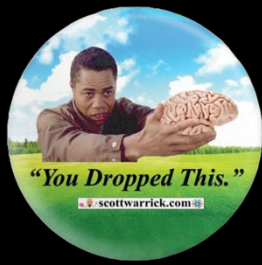
**SCOTT WARRICK'S**  
BOOKS & VIDEOS

Scott's Safe Space Podcast  
Dehumanization  
FREE - FRIDAY, DECEMBER 13, 2024  
Session Runs From 12:00 pm to 1:00 pm EST

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*"You Dropped This."*

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**Has The World Lost Its Mind?**



5



**Elizabeth Magill**  
Univ. of Penn.



**Sally Kornbluth**  
MIT

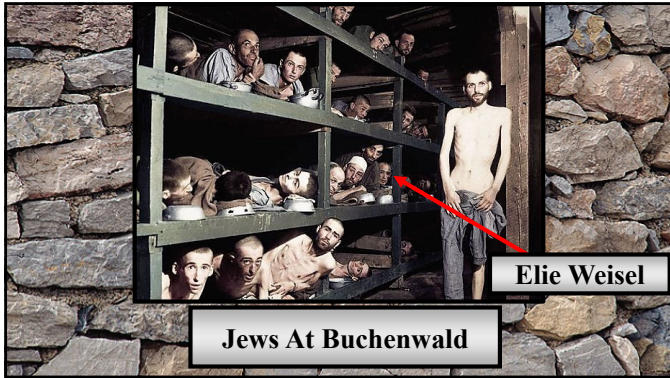


**Claudine Gay**  
Harvard

**All Three University Presidents Hesitated To Say They Would Discipline Students Calling For The Genocide Of The Jews.**



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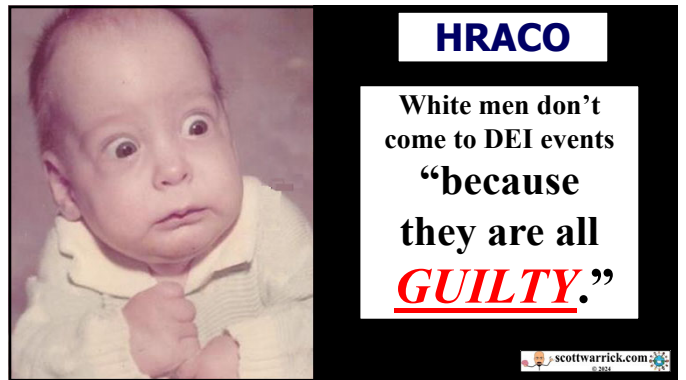
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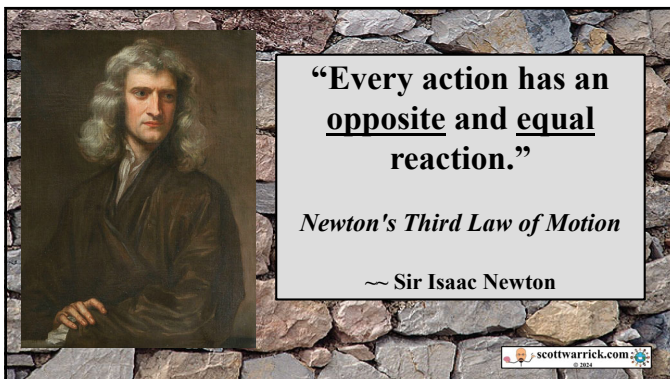
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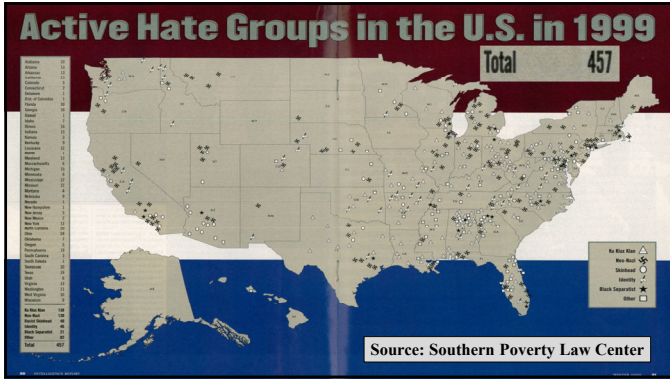
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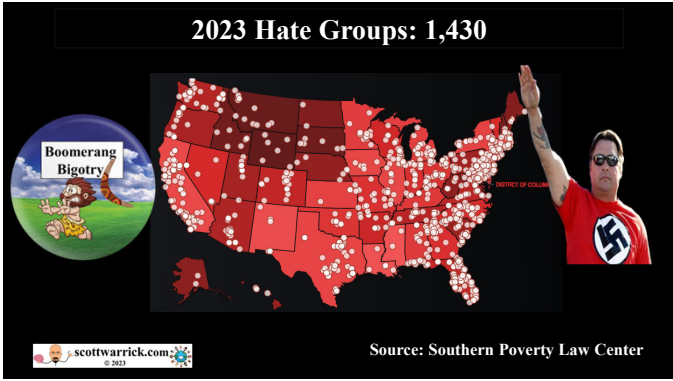
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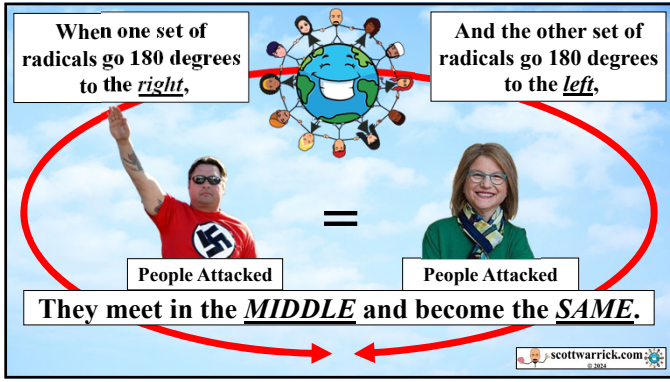
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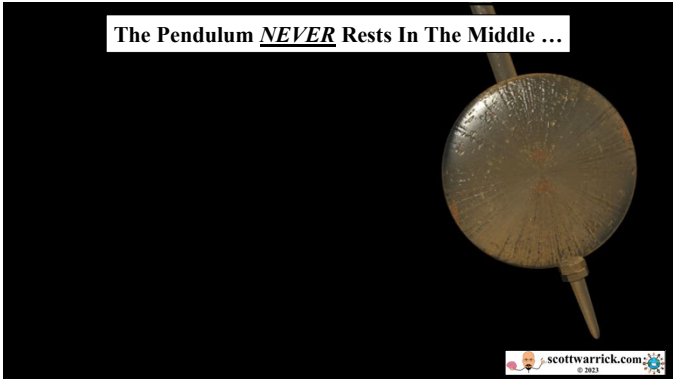
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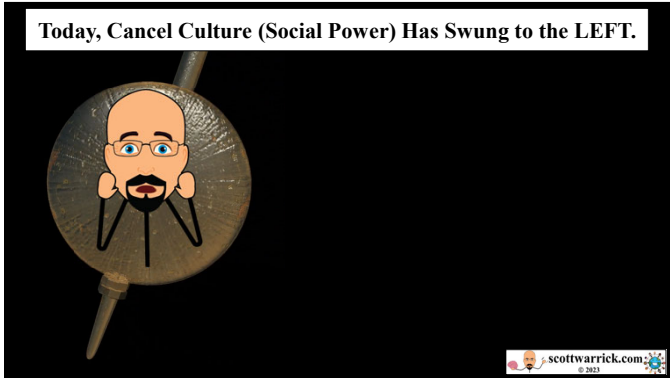
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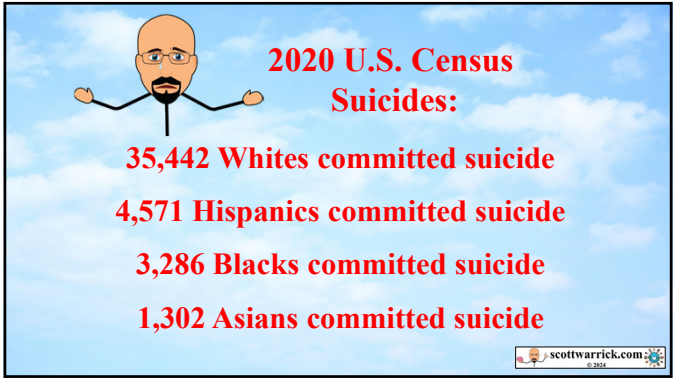
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**Yes, TEN times  
as many  
Whites commit  
suicide every year  
as Blacks.**

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**According to the CDC, for every suicide, there are:**

- 4 Hospitalizations for suicide attempts\*\*
- 8 Emergency department visits related to suicide\*\*
- 27 Self-reported suicide attempts\*\*\*
- 275 People who seriously considered suicide\*\*\*



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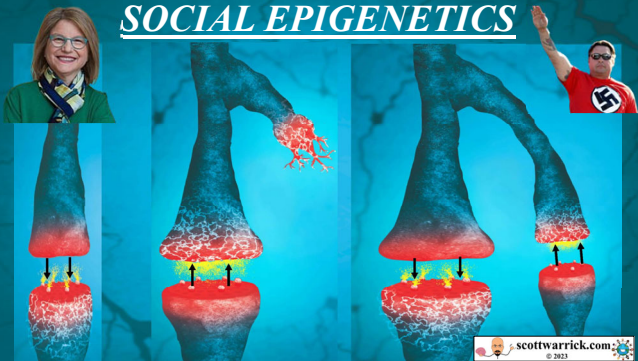
**The Pendulum NEVER Rests In The Middle ...  
... Until You MAKE IT STOP!**



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**SOCIAL EPIGENETICS**



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**How Do Humans Learn Neurologically?**

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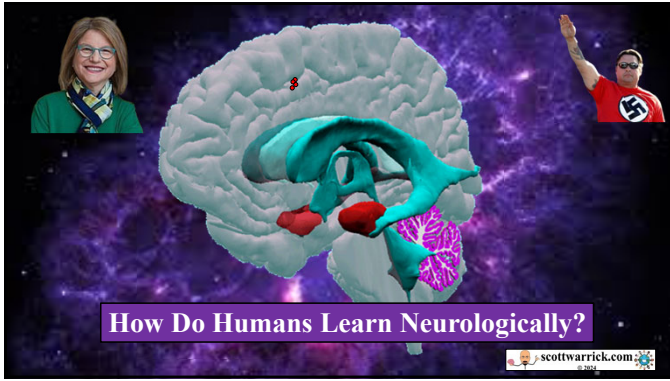
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**How Do Humans Learn Neurologically?**

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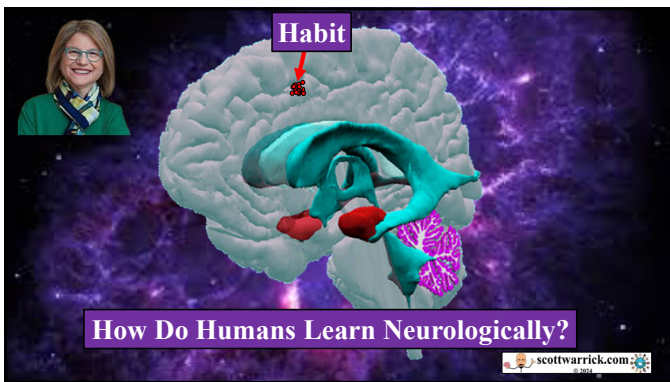
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### The Five Skills of Tolerance

- Emotional Intelligence/Tolerance Is **REQUIRED!**
- **Overcome Your Subconscious Brain & Resolve Conflict (EPR)**
- Identify & Stop Bullying
- Understanding Real Differences vs. Stereotypes
- Don't Be An ENABLER! **SPEAK UP!**

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*Are We  
**BORN**  
With A  
Subconscious  
Brain?*

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### The Mighty Subconscious

**Where Did You Get That Idea?**

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# The Mighty Subconscious



**CONSCIOUS MIND**  
5%

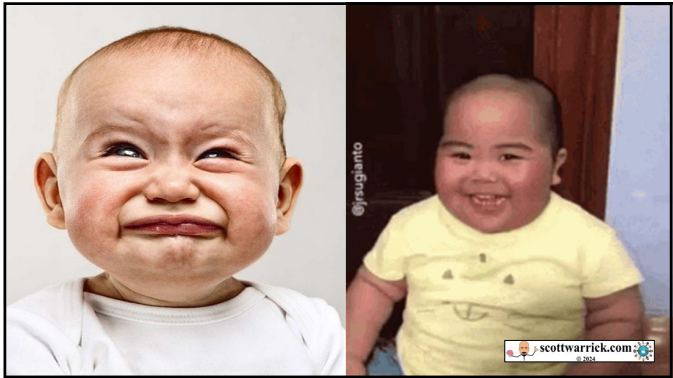
**SUBCONSCIOUS MIND**  
95%



**Bruce Lipton Ph.D.**

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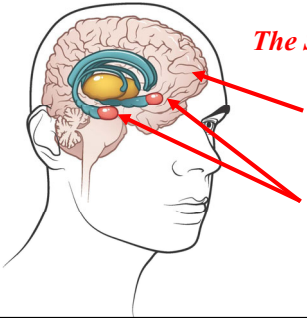
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## We Are All Wired The Same ...With TWO BRAINS

### The Speed of Thought



**Frontal Lobes**

**Amygdala:  
Fight or Flight**

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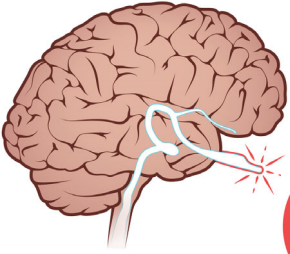
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### Low Road : 17,000<sup>th</sup> of a second

Stimulus enters the brain and goes to the Thalamus.

Stimulus then goes to the Amygdala and down the Vagus Nerve to the Adrenal Glands to stimulate fight or flight.


This all happens in 17,000ths of a second.



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## Emotional Hi-Jacking



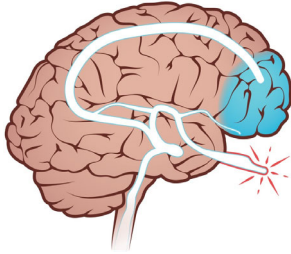
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### High Road : 2 to 3 Times Slower

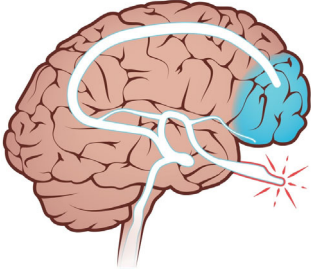
Stimulus is finally sent to the Frontal Lobes.

This takes 2-3 times longer.



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**EMOTIONAL INTELLIGENCE**

**The Difference Between Success and Failure is 5 SECONDS.**

**SLOW DOWN AND THINK!!!**

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**When we do not STOP and THINK ...**  
**We have the mentality of an evil 3 year old child.**




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**How We View The World**

**Priming IN ...**  
**(Subconscious Bias)**




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**How We View The World**

**Priming IN ...**  
**(Subconscious Bias)**

**Projection OUT ...**  
**(Confirmation Bias)**



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**Who Will Make More Money?**




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**Who Will Make More Money?**



**Every additional an inch of height someone has is worth \$789 a year in salary. In other words, a person who is six feet tall with identical credentials and demographics to someone who is five foot five inches tall will make on average \$5,523.00 more per year.**



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**PRIMING**

Dr. John Bargh “Old” & “Young” Priming

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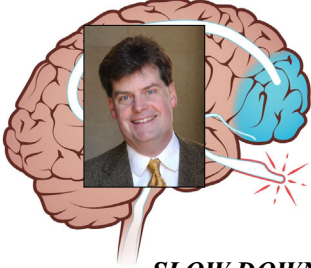
**PRIMING**



**ADDITIONAL WORDS:**  
 “Worried,” “Florida,” “Old,” “Lonely,”  
 “Gray,” “Bingo,” and “Wrinkle”

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*EMOTIONAL INTELLIGENCE*

**The Difference  
Between Success and  
Failure is  
5 SECONDS.**

**SLOW DOWN AND THINK!!!**

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**Trayvon Martin**



**George Zimmerman**

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**HOW DO JURORS RECALL EVIDENCE?**

Research clearly shows that  
Subconscious Bias  
proliferates best when it is  
**IGNORED.**

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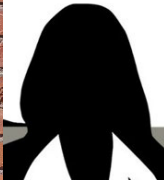
**Openly discussing and  
addressing ANY  
STEREOTYPE, MYTH or  
STIGMA  
is the major key to  
destroying it.**

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**HOW DO JURORS RECALL EVIDENCE?**



**Juror B37**


*“I think all of us thought race did not play a role.*

*We never had that discussion.”*

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**WHAT IF...**



GEORGE ZIMMERMAN

TRAYVON MARTIN

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*So ...  
How Do We  
Overcome  
Our  
Subconscious?*



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*1st:  
Discover  
Your  
Biases*

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**Do You Want To Reveal  
Your Biases and Prejudices?**

[www.implicit.harvard.edu](http://www.implicit.harvard.edu)

**Implicit Association Test (IAT)**

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*2nd:  
Slow down  
&  
Think:  
EPR*

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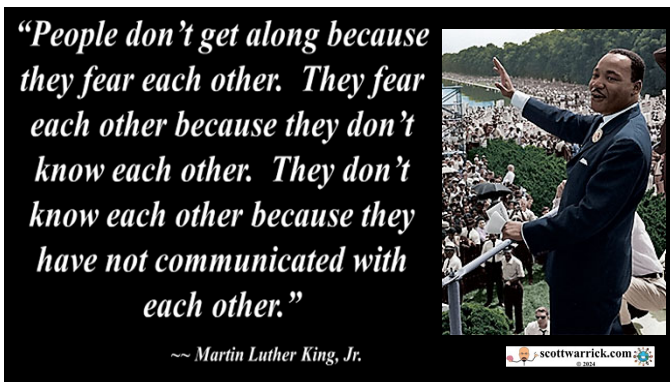
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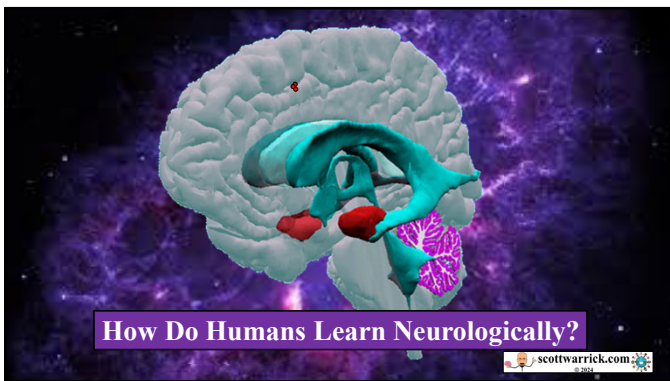
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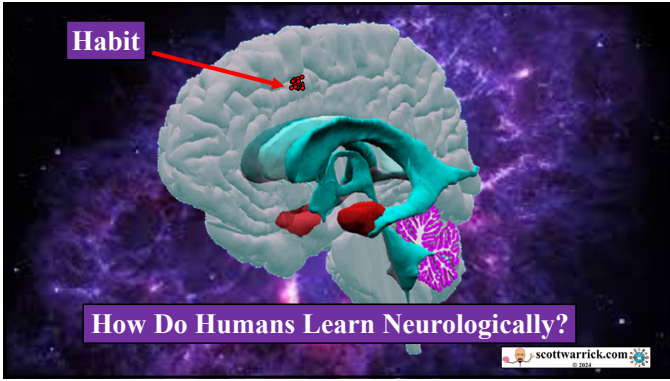
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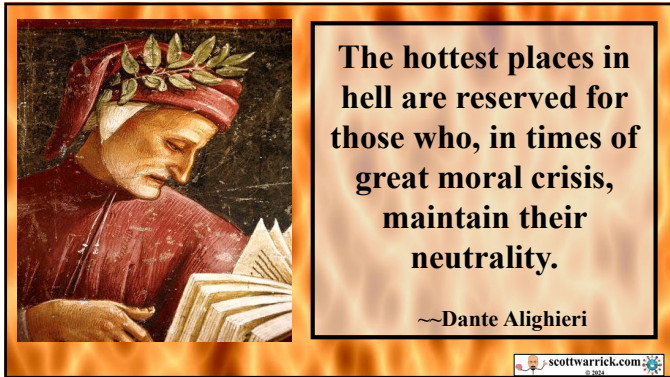
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**THE ROOT OF THE PROBLEM:  
Overcoming The Mighty Subconscious**

**Start Date: 11/22/2024**  
**End Date: 12/31/2024**

**HRCI Program ID: 685473**  
**SHRM Activity 24-NDQPA**  
**1 Recertification Credit Hours: General**

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